







Kid's and Senior's Menus Available

DAILY SPECIALS

17.99

Sun: Fish & Chips

Wed: Burger Night

Mon: Shared Platter

Thu: Murgh Makhani (Butter Chicken)

(with drink purchase)

Fri: Tenderloin Tips

Tue: Taco Tuesday

Sat: Chicken Parmesan

If you have special dietary needs, advise your server and we'll try our best to accommodate you.

Allergy Advisory: Our facility has seafood, shellfish, nuts and wheat on the premises.



RPPETIZERS

GARLIC BREAD 5.99 ADD: Cheese 1.99, Bacon 1.99
3 Pieces of garlic toasted baguette.



Reversing Falls Rapids is the world's

water, a volume equal to all of the

or 28 feet in a tidal cycle.

world's rivers combined, enters and exits the Bay of Fundy. At this location,

water levels rise as much as 9 meters

greatest example of tidal impact upon a river. Twice each day 100 billion tons of

ONION RINGS 6.99

Thick cut onions battered and fried until golden brown.

MOZZA STICKS 10.99



Lightly battered mozzarella, served with ranch.

NACHOS 17.99 ADD: Chicken 4.99, Beef 4.99

Seasoned tortilla chips covered in a cheese blend, peppers, onions, tomatoes, and jalapenos, served with salsa and sour cream.

CHICKEN WINGS 11b 17.99, 1/21b 9.99



Wings with your favourite sauce, served with ranch dressing.



Crispy vegetarian cauliflower seasoned with cajun spices with buffalo ranch sauce.



Crispy breaded bacon cheddar broccoli bites, with ranch dressing.

BELLY THAI BITES 15.99

Breaded chicken pieces tossed in a creamy Thai chili sauce, served on a bed of lettuce topped with spring onion, shredded carrot and toasted sesame seeds.

GARLIC PESTO SHRIMP



Sautéed in garlic butter and pesto topped with spring onions and parmesan, served with a lemon wedge.

MUSSELS AL DIABLO 16.99

Sauteéd Mussels with garlic, white wine & a spicy tomato sauce topped with Pico de Gallo & spring onions.

SHARED PLATTER 25.99

Mozza sticks, onion rings, garlic bread, crispy cajun cauliflower, and broccoli bites, served with creamy chili sauce, ranch sauce & buffalo ranch sauce.

Soup

SOUP OF THE DAY 5.99

Ask your server for today's availability. Served with one piece of garlic bread.

SALADS



CAESAR SALAD 12.99



Combination of real bacon, savory, creamy, tangy, dressing with crunchy tortilla strips, and romaine.

GREEK SALAD 12.99



Sliced cucumbers, romaine, tomatoes, green pepper, onion, olives, & feta cheese.

TOSSED SESAME SALAD 12.99



Your choice of dressing on crisp romaine topped with red onion, tomatoes, peppers, shredded carrot, cucumber and sesame seeds. ADD: Chicken or Beef 4.99, Shrimp 6.99, Scallops 8.99, or Lobster 9.99



H very special place.
Make it yours!

RIURTEER'S



SEAFOOD CHOWDER



Creamy house made chowder with our seafood blend of lobster, salmon, scallops, shrimp & fish, topped with spring onion, served with a garlic baguette.

FISH & CHIPS 19.99

Half pound of fresh, locally caught haddock, either hand battered or lightly breaded, served with tartar sauce, a lemon wedge and choice of side.

TRADITIONAL LOBSTER ROLL

Chunks of lobster, tossed in a citrus infused mayo, served in a garlic toasted bun, topped with fresh green onion. Served with fries.

CHICKEN CAESAR WRAP

Grilled or crispy chicken, romaine lettuce, shredded parmesan and bacon bits wrapped in a tortilla, Served with fries.

CHICKEN FINGER PLATTER 16.99

Crispy breaded chicken tenderloins. Served with fries.

CLUB HOUSE SUB 16.99

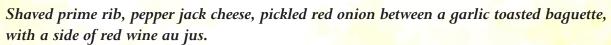


Sliced chicken, bacon, mayo, tomatoes and crisp romaine in-between 2 pieces of garlic bread, served with french fries.

PHILLY CHEESE STEAK

Shaved prime rib, sauteed peppers and onions in a sweet bbq sauce topped with melted cheese served on a garlic baguette.

FRENCH BEEF DIP



B.B.Q. PULLED PORK SANDWICH 17.99

Slowed cooked pork shoulder tossed in a rich bbq sauce topped with coleslaw on a garlic toasted bun.

The<mark>se optio</mark>ns are avail<mark>able upo</mark>n request.*



Vegan





Please advise your server when ordering these options as the chef may have make substitutions to be compliant and sometimes our suppliers can't provide every ingredient

Vegetarian

Gluten Friendly

*We do our best to make the gluten friendly options 100% gluten free but we can't control the entire chain of custody on all ingredients.

HAMBURGER 16.99 ADD: Cheese 1.99, Bacon 1.99, Extra Patty 4.99



Grilled 100% beef patty topped with red onion, tomato, crisp romaine, ketchup, mustard and relish in between a brioche bun. Served with fries.

PB & J HAMBURGER 18.99 ADD: Cheese 1.99, Bacon 1.99, Extra Patty 4.99



Grilled 100% beef patty topped with pepper jack cheese, smoked bacon, red pepper jelly, crunchy peanut butter, in between a brioche bun. Served with fries.

CHICKEN BURGER 16.99 ADD: Cheese 1.99, Bacon 1.99



Grilled or crispy chicken breast topped with red onion, tomato, crisp romaine and sweet chili mayo in between a brioche bun. Served with fries.

FISH BURGER 16.99 ADD: Cheese 1.99, Bacon 1.99

Battered piece of fish topped with red onion, tomato, crisp romaine and tartar sauce in between two pieces of garlic bread. Served with fries.





Veggie patty topped with red onion, tomato, lettuce and a herbed cashew sauce in between an everything bun.





The Plank's name is inspired by a legendary Saint John native privateer, Captain Caleb Seely. (Aug 31, 1787 - Feb 14, 1869)

Saint John was originally settled 5,000 years ago by first nations people called the Wolastoqiyik, meaning "people of the beautiful river". In the early 1500s French explorers discovered Saint John and coexisted with the first nations peoples. By the early 1700's



Great Britain took control. The first nations and the French who wouldn't pledge allegiance to Britain were forced out. Over time the people to the south started rebelling against the British but some thought that would send their society into chaos so they chose to head north and remain loyal to the British (loyalists). This eventually caused the war of 1812, pitting the loyalists (Canada) against the rebels (United States).

A loyalist couple, Ebenezer and Hizabeth or Bethia (Gilbert) fled north from Connecticut in 1783 and settled here in Saint John. Four years later Caleb Seely was born. Caleb worked his whole life on the water and became the most successful privateer in the city while Captain of the privateer schooner, "The Saint John Star".

Over in Liverpool, Nova Scotia, a wealthy man, Enos Collins invested in his own privateer ships after being attacked and robbed by American ships. Enos purchased many privateer vessels but one purchase, a 67-ton illegal slave ship (nickname: The Black Joke) became the star of his fleet. He converted it into a five-gun, privateer schooner with a crew of 40 under Captain Joseph Barrs. It brought record numbers of "prizes" (vessels plus their cargo) back to Liverpool.

The "Liverpool Packet" was once captured off the coast of Cape Cod and Cpt. Barrs was jailed. She was briefly renamed "The Portsmouth Packet" but before capturing a single British ship she was recaptured by the British. Enos once again named it "The Liverpool Packet" and chose Caleb to take charge of his star vessel. Caleb invested his fortune into shares of the "Liverpool Packet". He captured three prizes on his first voyage and five prizes within five days. American newspapers spoke highly of Caleb's treatment of the ships he boarded, as those he found not worth his trouble were released unharmed and with their vessel intact.

A mere rumour of the Liverpool Packet being sighted along the American coast was enough to bring American trade to a standstill. A captain's log from the time says that when a Captain Lewis went into a port to hide, he found 50 other ships already there, afraid to weigh anchor.

Enos Collins and the "Liverpool Packet" investors become very wealthy as Enos became the richest man in Canada. A major condition in agreeing to end the War of 1812, was that privateering became illegal. Enos and Caleb wisely retired from privateering. Caleb went on to amass even greater fortunes through importing and exporting goods with his own fleet of vessels.

Caleb married Enos Collins' sister, Phoebe, and bought the now famous Perkins House, in



Liverpool, Nova Scotia in 1822. The house is now the Perkins House Museum and is listed as "A Colonial Treasure." Wife Phoebe died in 1847. Six months later Seely married Desire Grieve (Parker), widow of a local doctor. After her death in 1855 he soon married Jane Sancton, who died in 1865. Caleb died four years later in 1869 at 81 years of age.

Caleb Seely, The Plank salutes you, the most successful privateer ever to come out of Saint John and arguably the whole world!

PTRIN CRLEB'S CHOICE





Rich creamy sauce sautéed with our seafood blend, bacon, shredded carrot and rice. Baked w breadcrumbs and parmesan, topped with spring onion, with a garlic baguette.

SEAFOOD CARBONARA LINGUINE



Our seafood blend of lobster, salmon, scallops, shrimp and fish sautéed with bacon, peppers, onion and tomatoes, tossed with linguine and our garlic cream sauce topped with spring onion and parmesan cheese. <mark>Serve</mark>d with a garlic baguette.

BAKED HADDOCK



Fresh, locally caught haddock filet, baked and seasoned with roasted peppers & garlic seasoning, with sautéed vegetables and choice of side.

BROILED PLANK SALMON



6 oz salmon fillet broiled on a cedar plank with a Korean BBQ or Maple glazed topped with garlic butter, served with sautéed vegetables with choice of side.

LAZY LOBSTER 44.99



Let us do all the work and save you the mess! Lobster tail and claws, cracked and shucked, then basted with seasoned butter. Served with sautéed vegetables and choice of side.

SCALLOP DINNER



28.99

Sautéed scallops in maple lime garlic infused butter, topped with spring onions. Served with sautéed vegetables and choice of side.

Side Choices

Fries, Baked Potato or Rice Pilaf

Or upgrade to

Sweet Fries 2.99

Onion Rings 2.99 Poutine 3.99

Loaded Baked Potato 3.99 Caesar Salad 3.99 Greek Salad 3.99

Add-ons

Gravy 1.99

Mushrooms 2.99

Onions 2.99

Chicken or Beef 4.99

Shrimp 6.99 Lobster 9.99 Scallops 8.99 Lobster Tail 19.99

CASHEW STIR FRY 20.99



Sautéed broccoli, peppers, onions, mushrooms, shredded carrot and cashews tossed in our house made stir fry sauce. Served with rice pilaf.

LINGUINE ALFREDO

Linguine tossed in a creamy garlic sauce topped with parmesan cheese, with a garlic baguette.

PAD THAI 23.99



Sautéed vegetables, egg, bean sprouts and rice noodles cooked in a rich citrus peanut sauce topped with spring onions, crushed cashews, and a lime wedge.

MURGH MAKHANI (BUTTER CHICKEN) 23,99

Grilled chicken in a spiced tomato and butter sauce, topped with a rich cream & pickled red onions, served with garlic toast.

CHICKEN PARMESAN

Linguine tossed in homemade meat sauce with a hand breaded chicken breast topped with meat sauce, baked with parmesan cheese, with a garlic baguette.

LASAGNA

Homemade meat lasagna baked with a three cheese blend, with a garlic baguette.

STRIPLOIN STEAK (8 oz) 24.99



Grilled the way you like topped with garlic butter, served with sautéed veggies and your choice of side. Add: shrimp \$6.99, scallops \$8.99, lobster tail \$19.99<mark>, mushrooms</mark> \$2.99<mark>, onions \$2.99</mark>

T-BONE PLANK STEAK



1 Pound "AAA" T-bone broiled on a cedar plank to your perfection, topped with garlic butter. Served with sautéed veggies and your choice of side.

DESCRIPTION



HOUSE MADE CHEESECAKE 8.99

Made on site daily with a fresh graham crumb base, and your choice of several rich toppings.

PIE OF THE DAY 7.99 Add a scoop of Ice cream for 1.99

Ask your server for available choices.

LAVA CARROT CAKE 7.99

A decadent carrot cake with a gooey cream cheese centre, topped with caramel.

DEEP FRIED ICE CREAM 7.99

Vanilla ice cream rolled in cinnamon and sugar, then covered in a crispy coating and deep fried.

Served with your choice of several rich toppings.

VEGAN BROWNIE 7.99

Hot delicious chocolate plant-based brownie.

RRERKFRST

SAT. & SUN. FROM 8:00 AM - 2:00 PM

LITE BREAKFAST 9.99

1 Egg, choice of bacon, sausage or ham, hash-browns (choice of 1: grilled, 2: grilled with onions or 3: fried), and toast.

CLASSIC BREAKFAST 11.99

2 Eggs, choice of bacon, sausage or ham, hash-browns (choice of 1: grilled, 2: grilled with onions or 3: fried), and toast.

CAPTAIN'S BREAKFAST 14.99

3 Eggs, 2 bacon, 2 sausage, ham and hash-browns (choice of 1: grilled, 2: grilled with onions or 3: fried), and toast.

FRENCH TOAST 12.99

3 Slices of French toast dusted with cinnamon and sugar.

3-EGG OMELETTE 12.99

Your choice of garden vegetables, or ham and cheese, with hash-browns; (choice of 1: grilled, 2: grilled with onions or 3: fried),omelette served with toast.

WESTERN SANDWICH 12.99

2 Eggs omelet with diced ham and green onion in between 2 pieces of toast, hash-browns; (choice of 1: grilled, 2: grilled with onions or 3: fried).

EGGS BENEDICT 16.99

2 Eggs with grilled ham or bacon on an English muffin topped with hollandaise and green onion, hash-browns; (choice of 1: grilled, 2: grilled with onions or 3: fried).

BREAKFAST POUTINE 16.99

Mix cheese, diced tomatoes, peppers, onions, bacon, sausage and ham smothered in hollandaise sauce, topped with 2 eggs.

STEAK & EGGS 19.99

80z Striploin steak, 2 eggs, hash-browns; choice of grilled, grilled with onions or fried, and toast.

ADD-ONS Home Fries: 3.99 Toast: 1.99 Single Egg: 1.99

Bacon: 2.99 Ham: 2.99 Sausage: 2.99

Maple Syrup: 0.99 Hollandaise Sauce: 1.99